

MEETING OF THE PAWTUCKET SCHOOL COMMITTEE-WELLNESS SUBCOMMITTEE
October 28, 2019 at 5:30PM-6:30PM
Pawtucket City School Administration Building
286 Main St, Pawtucket, RI 02860

Agenda

I. Meeting will Come to Order @5:30

- A. Roll Call: ***E. Mallozi, A. Plitt, M. Plitt, H. Habeeb, M. Anderson, B. Bericochea, D. Dufresne, K. Barboza, R. Beaupre, L. Rabbit, T. Charrette, J. Brochu, A. Perin. S. Larbi, G. Ahlers, K. Wetherill***
- B. Pledge of Allegiance: ***Led by E. Dube***

II. Public Participation

Comments from the public are invited at this time. Persons wishing to speak should sign in with the subcommittee chair before speaking. The committee is precluded from discussing or acting on items raised by public comment which are not already on the agenda. Public comment will be included in the minutes of the meeting. ***No one signed up***

III. Old Business: Action/ Discussion Items

- A. Approve Minutes:
 - 1. September 23 ***Motion: L. Rabbitt Second: M. Plitt: Unanimous***
- B. Aramark Menu Items for Breakfast:
 - 1. **R. Beaupre: breakfast in the classroom since Feb**
 - a) **Low fiber, protein, high carbs and sugars**
 - b) **Cheerios and HB Egg are a big hit**
 - c) **Pillsbury bagel is a hit loaded with cream cheese**
 - d) **Cottage cheese and dried apricots: not a hit**
 - e) **Data we are collecting is false because kids are throwing them away**
 - f) **Fruit quality is low: bananas are bruised and brown**
 - (1) **Fruit can be messy-oranges but now they are quartered**
 - g) **Yogurt and granola: messy but a hit**
 - h) **Not enough milks**
 - i) **Difficulties with instruction during this time-have to assist**
 - 2. **A. Perin: Consultant for RIDE**
 - a) **Pawtucket is target district to expand breakfast**
 - b) **RI is one of only states to mandate that breakfast is served**
 - c) **Met with J. Mcgrath and M. Devine**
 - d) **Could have a grab and go cart**
 - e) **Woonsocket: added keypads to speed up line**
 - f) **School district would apply in tandem with food service**

3. **Aramark: J. Brochu:**
 - a) **We need to work on on fruit and with distributors**
 - b) **3 week cycle menu**
 - c) **Have been working with Sysco rep to increase protein and decrease sugar**
 - (1) **We order cases and are held accountable for them**
 - (2) **Working to get shri bark in**
 - (3) **Greek yogurt**
 - d) **Working to get parfaits out to the district**
 - e) **Composting: looking into biodegradable trays possible**
 4. **M. Plitt: Packaging/ Delivery--not only nutrition but that we are moving to grab and go**
 5. **K. Barboza: Rushed meals are a problem**
 6. **Students:**
 - a) **Grab and Go: liked the options but not able to eat**
 - b) **Too long to wait**
 - c) **Difficulty w/ labelling of food**
 - d) **Grab and Go outside would be a great option**
 - e) **Vending outside as an option**
 7. **RIDE has flyers around healthy habits outside of school**
 8. **G. Ahlers: Baldwin should have an electronic sign to communicate**
 9. **K. Wetherill: put in pins for vending**
 10. **M. Plitt: Create atmosphere in which kids want to eat**
 11. **Better way to provide feedback to Aramark:**
 - a) **Message Board/ comment board**
 - b) **Pawtucket Facebook Message page**
- C. **Get Healthy Pawtucket: September Combined Event**
1. **In favor of planning: meeting outside of this to plan event**

V. **Discussion Items**

- A. **Next Meeting Dates**
 1. **November 25th @5:30-6:30**
- B. **Agenda for Next Meeting**
 1. **Wellness Website and Pamphlet:**
 2. **E. Mallozzi: BOKS and URI EFNEP:**
 3. **JANUARY: Check-In with Grant Applications**
- C. **Presentation of items to full committee**
- D. **Community Partner Share-outs:**
 1. **K. Wetherill: event was a success; folders and contact info is available on website**
 2. **D. Dufresne: "If Only" November 6, 6pm.**
 3. **K. Barboza: Red Ribbon Rally just ended, Peace Poster contest at Jenks**

4. **G. Ahlers: Makers Marketplace: Wintertime Hope Artiste: more information about SNAP out to**
5. **M. Plitt: American Heart Association: report on vaping**
6. **A. Plitt: Coat drive**

VI. Adjournment: @ 6:45: *Motion: S. Larbi Second: M. Plitt: Unanimous*